

**ASMBYC**  
**WOMEN ON WATER/ WOMAN AT HELM REGATTA**  
**August 22 and 23, 2015**  
**Marina del Rey, California**

**SAILING INSTRUCTIONS**

**Event Chair:** Jana Davis <mailto:janadavis14@gmail.com> Phone: 818.439.2699

**Principal Race Officer:** Greg Rutter <mailto:grutter@gmail.com> Phone: 206.551.9090

**1. RULES**

- 1.1. This regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing (RRS) 2013-2016*.
- 1.2. RRS 63.7 will be replaced by: "If there is any conflict between a rule in the Notice of Race and one in the Sailing instructions, the Sailing Instructions shall apply".
- 1.3. Rules 63.1, A4.1 and A5 will be changed so that a boat starting more than five (5) minutes after her Starting Signal will be scored DNS without a hearing.
- 1.4. Rule 82 will not apply to this event.

**2. NOTICES TO COMPETITORS**

- 2.1 Any notice will be posted on the Regatta Network website by 0900 each race day at <http://www.regattanetwork.com/event/10911>

**3. CHANGES TO THE SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted on the Regatta Network website at <http://www.regattanetwork.com/event/10911> by 0900 on the day it will take effect.

**4. SCHEDULE OF RACES**

- 4.1 The RC will attempt to run a total of 5 races for WOW and WAH Performance classes, Three on Saturday and 2 on Sunday. Without posting a change to the schedule of races, the RC reserves the right to run one more race on Sunday if fewer than the scheduled number of races are completed on Saturday. At its discretion, RC may run a sixth race.

**For the WAH Cruising Division** two races are scheduled for Saturday and one on Sunday. For any division, at its discretion the RC may run fewer total races.

4.2. The scheduled time of the warning signal for the first race each day is 1155 hours.

## 5. CLASS SPLITS, FLAGS AND ORDER OF STARTS

5.1 Class splits, flags and order of starts will be posted by 0900 hours race day at <http://www.regattanetwork.com/event/10911>

## 6. VENUE/ COURSES

6.1 Races will be held outside the Marina del Rey detached breakwater. Start/Finish line will be in the vicinity of S Mark.

6.2. Courses are described in the attached Windward/Leeward Course Charts for performance boats and Random Leg courses for Cruisers.

6.3. Windward/Leeward courses will be selected from the attached Course chart. Random Leg courses for the Cruising Division will be selected from the attached Cruising Division course chart.

6.4. For WOW and WAH Performance, no later than the preparatory signal the Race Committee will display the course number and letter designating the weather mark. If the weather mark is U, the Race Committee will also display a yellow or orange flag (see SI 7.1). This changes **RRS 27.1**.

6.5. For WAH Cruiser class no later than the preparatory signal the Race Committee will display the course number only. This changes **RRS 27.1**.

## 7. MARKS

7.1 Marks used will be those indicated in Marina del Rey Course Chart, attached.

- WOW and WAH Performance classes: Note the potential use of marks added to Course Chart (attached): these additional marks are not clearly reflected on all versions of Course Chart 16:
- "V" mark, bearing 235 degrees magnetic from "S" Mark at ½ mile, on the line to D Mark. This mark is a permanent yellow spar.
- "U" Mark, to be placed to weather of "S" Mark at ½ mile, on the line of ONE of the permanent marks A, B, E, F. **For axis A or B, an orange inflatable shape will be used. For axis E or F, a yellow inflatable shape will be used.**

7.2. Any mark missing or out of place, will be replaced by an inflatable tetrahedron in the approximate location of that mark. This changes **RRS 34**.

## 8. CHECK-IN

8.1 Prior to the warning signal for the first race each day all boats shall sail by the stern of the RC boat when displaying the "L" flag and be recognized by the Race Committee. Please do not approach the race committee boat until she is securely anchored and flying the "L" flag.

## 9. THE START

9.1 The starting line will be between an orange flag on the Race Committee boat at the starboard end and an inflatable tetrahedron at the port end. The race committee boat will be anchored in the vicinity of S Mark.

9.2. An orange or yellow shape may be set off the back of the RC boat during the starting sequence and at the start. This shape, and the line connecting it to the RC boat, shall be considered part of the RC boat and thus part of the starting mark.

- 9.3. The starting line shall be **restricted** to boats starting their race.
- 9.4. A boat not starting that crosses the starting line may exonerate herself by taking a two-turns penalty.
- 9.5. For the **first race of each day**, a rolling 5 minute sequence will be used to start all classes. The starting signal for each class will be the warning signal for the next class (this changes RRS 26).
- 9.6. **After the first race** of each day, the RC will start subsequent races as soon as practicable. WOW and WAH Performance class boats **may or may not** start in the same sequence; Cruisers may be started separately. To indicate a warning signal is imminent, the RC will sound multiple sound signals approximately one minute before the warning signal, and may provide information by radio.
- 9.7. A boat starting later than five (5) minutes after her starting signal will be scored **DNS**.
- 9.8. Boats whose class warning signal has not been made shall stay clear of the starting area. Boats not in their starting sequence in the starting area may be protested and penalized by the RC.
- 9.9. The Race Committee may attempt to notify recalled boats by hailing their sail number on the designated VHF channel. No part of this hail, or lack thereof, shall be considered grounds for redress.

## 10. CHANGE OF COURSE

- 10.1 Any change without a class flag shall apply to all classes.
- 10.2. Course changes will be indicated at a rounding mark by placard with new course compass bearing.

## 11. THE FINISH

- 11.1 The finishing line for all classes will be between a checkered flag on the Race Committee boat at one end and a spar buoy with a checkered flag at the other.
- 11.2. The **finishing line is restricted** to boats that are finishing the race.
- 11.3. A boat not finishing that crosses the finishing line may exonerate herself by taking a two-turns penalty.
- 11.4. Boats that have finished shall immediately clear the finish area.

## 12. PENALTIES

- 12.1 Appendix T, Section A, Penalties While Racing, will apply: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while *racing*. However, when she may have broken a rule of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.

## 13. NOTICE OF RETIREMENT

- 13.1 Any boat retiring shall notify the Race Committee as soon as possible.

## 14. TIME LIMIT

- 14.1 Performance boats failing to finish within 25 minutes of the first boat in their class that sails the course and finishes may be scored **DNF**. This changes **RRS 35**.

## 15. PROTESTS

- 15.1 Any boat intending to file a protest shall notify the Race Committee after finishing that race.

15.2. Protest forms will be available at the host yacht club. Forms shall be delivered to an SBYRC officer at the host yacht club within the protest time limit of one hour after the RC boat docks.

15.3. Protests will be heard as soon as possible. All parties shall be present, with witnesses, after filing.

## 16. SCORING

16.1 No race score will be excluded. This changes **RRS A2**.

16.2. Time on distance scoring will be used.

16.3. Two races must be completed to constitute a series for Performance Divisions, one race for the Cruising Division.

16.4. Appendix T, Section C, Expedited Hearings, will apply.

## 17. TROPHIES

17.1 The Robert S. Wilson Perpetual Trophy will be awarded to the overall winner of the WOW division.

17.2. The WSA Perpetual Trophy for Woman at the Helm will be awarded to the winner of the largest WAH class (Performance or Cruising), provided that they have not won this award previously.

17.3. The Cheryl Rembert Perpetual Trophy will be awarded to the Martin 242 with the best performance in the WOW division.

17.4. Individual take home trophies will be awarded in each division according to the number of entrants per division

## 18. COMMUNICATION

18.1 All competitors shall carry a VHF radio

18.2 The RC will use channel 68 for communications with competitors.

18.3 The RC may use the radio to make competitors aware of its intentions, the course to be sailed, starting times, course changes, OCS, postponements, and other information regarding the racing. RC failure to make any race announcement via radio shall not be grounds for redress.

## 19 HOSPITALITY

19.1 Saturday post-race daily trophies and hospitality will be held at Pacific Mariners' Yacht Club, 13915 Panay Way, Marina del Rey, CA

19.2 Sunday post-race hospitality and awards ceremony will be held at Santa Monica Windjammers Yacht Club, 13589 Mindanao Way, Marina del Rey, CA

## 20 DISCLAIMER OF LIABILITY

20.1 Competitors participate in the Regatta entirely at their own risk. See **RRS 4**. The organizing authority, host yacht clubs, and ASMBYC will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

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### **For more regatta information:**

<http://facebook.com/groups/83006757404/>

<http://wsasmb.org/wow-wah/>

<http://www.regattanetwork.com/event/10911>

**Raffle prizes were generously donated by:**

**California Yacht Club**

**Tony P's Dockside Grill**

**Hinano's Cafe**

**Le Cellier Wine Bar and Restaurant**

**Overland Cafe**

**Fresh Brothers Pizza**

**See's Candies**

**Allie Blecher Sailing**

**North Sails**

**US Sailing Team Sperry**

**WSA-SMB**

**In and Out Burger**

## WAH Cruising – Random Leg Courses

The course will be signaled using the corresponding numerical pennants, using marks from Marina del Rey Course Chart, attached.

Courses are listed below with the handicap distance provided in nautical miles (NM):

**Course No. 11** - Start, S to starboard, F to port, DD to port, AA to port, S to port, E to port, A to port, to Finish  
(8.1 NM)

**Course No. 12** – Start, DD to port, 2ES to port, J to port, E to port, B to port, to Finish  
(9.9 NM).

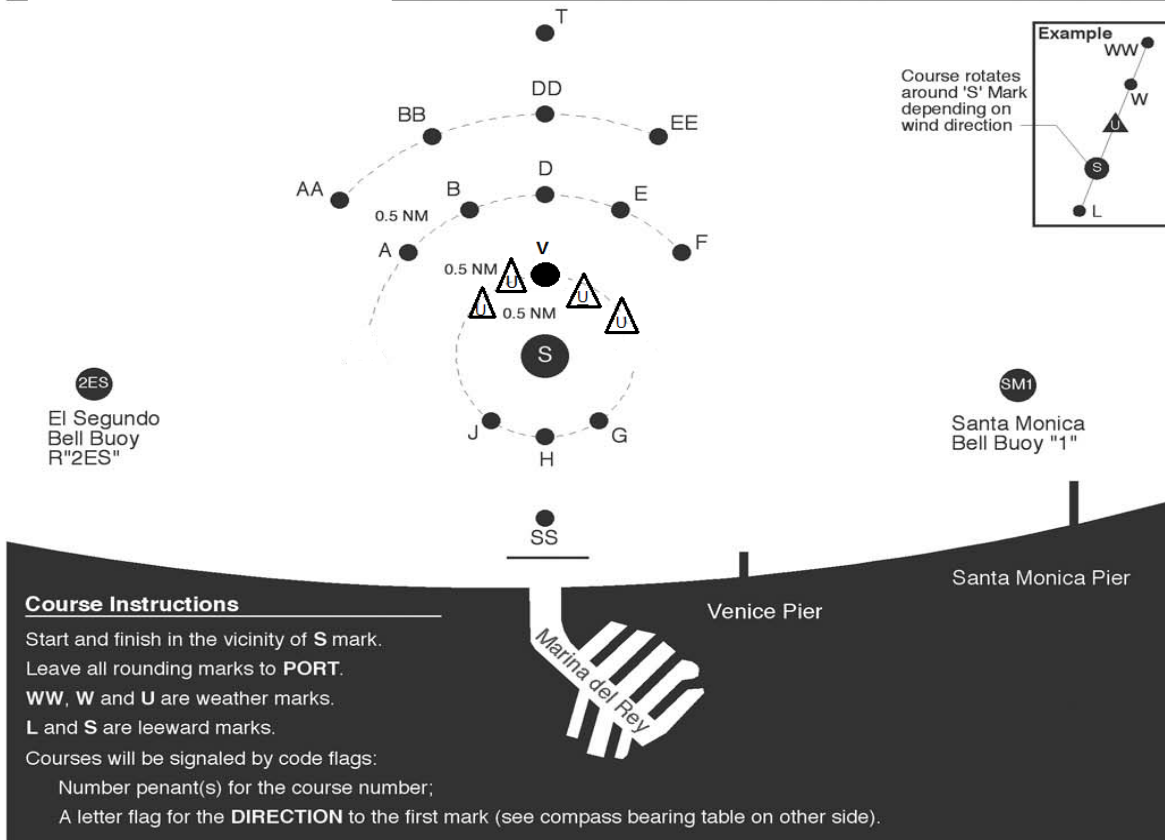
**Course No. 13** – Start, S to starboard, F to port, DD to port, 2ES to port, J to port, E to port, AA to port, to Finish (12.2 NM).

**Course No. 14** – Start, S to starboard, F to port, DD to port, J to starboard, 2ES to starboard, E to port, AA to port, to Finish.  
(13.7 NM)

**Course No. 15** – Start, S to starboard, F to port, DD to port, J to starboard, 2ES to starboard, E to port, AA to port, B to port, H to port, S to port, to Finish.  
(14.7 NM)

**Course No. 15** – ALL MARKS TO PORT: Start, T, AA, SS, EE, DD, BB, A, J, H, G, F, E, D, B, Finish.  
(15.5 NM)

# Marina del Rey Course Chart



## SIGNALS

Performance courses will be signaled by course # and weather mark.  
 Cruising courses will be signaled by course number only.

## COURSES

All courses start and finish near **S** mark.  
**L** (Leeward) mark is based on the given **W** (weather) mark.

For **W** (weather) mark: **AA, A, BB, B, U** (orange inflatable): Use **G** as **L** (leeward) mark

For **W** (weather) mark: **EE, E, F, U** (yellow Inflatable): Use **J** as **L** (leeward) mark

For **W** (weather) mark: **D, DD, V**: Use **H** as **L** (leeward) mark

## MARK DESCRIPTIONS

All marks are yellow spars OR inflatable tetrahedrons (orange or yellow)

## SPECIAL NOTE:

Note two marks not shown on all MdR course charts:

- “**V**” Mark, bearing 235 magnetic from **S** mark at  $\frac{1}{2}$  NM (yellow spar)
- “**U**” Mark, set directly to weather from **S** mark at  $\frac{1}{2}$  NM along axes of marks **A, B**, (orange inflatable) **E, F** (yellow inflatable).

# WOW and WAH Performance

## Windward / Leeward Course Numbers, Descriptions and Distances

NOTE: Course descriptions used here employ the following terms:

“W” denotes WINDWARD mark

“L” denotes LEEWARD mark

When S Mark is to be rounded it is specified as “S Mark”

<u>Course Number</u>	<u>Description</u>	<u>Course length in NM to windward mark:</u>  V, U	<u>Course length in NM to windward mark:</u>  A, B, D, E, F
1	Start - W - Finish	1	2
2	Start - W – “S Mark” – W - Finish	2	4
3	Start- W – L – W – Finish	3	5
4	Start - W – L – W – “S Mark” - W - Finish	4	7
5	Start - W – L – Finish	2	3
6	Start - W – “S Mark” – W - L – Finish	3	5
7	Start – W – L – W – L - Finish	4	6
8	Start – W – “S Mark” – W – L – W – L - Finish	5	8



# Marina del Rey Course Chart 16

TO → Approximate magnetic course between marks

	A	AA	B	BB	D	DD	E	EE	F	G	H	J	Q	R	S	T	SS	2ES	SM1
<b>S</b>	185	185	210	210	235	235	260	260	285	18	55	92	145	325	-	235	55	138	331
<b>A</b>	-	185	288	245	300	277	313	298	325	9	21	31	75	352	5	264	30	119	339
<b>AA</b>	5	-	330	288	323	300	327	313	335	8	17	23	46	355	5	283	25	107	342
<b>B</b>	108	150	-	210	312	270	325	302	337	26	38	50	88	9	30	256	42	117	344
<b>BB</b>	65	108	30	-	355	312	348	325	352	27	36	44	70	15	30	280	40	107	349
<b>D</b>	120	143	132	175	-	235	338	295	350	43	55	67	100	28	55	235	55	119	348
<b>DD</b>	97	120	90	132	55	-	20	338	13	46	55	64	89	37	55	235	55	112	355
<b>E</b>	133	147	145	168	158	200	-	260	2	60	72	84	113	50	80	214	68	124	349
<b>EE</b>	118	133	122	145	115	158	80	-	45	66	74	83	105	61	80	190	70	118	359
<b>F</b>	145	155	157	172	170	193	182	225	-	79	89	101	125	77	105	206	80	129	347
<b>G</b>	189	188	206	207	223	226	240	246	259	-	127	145	162	262	198	228	82	146	323
<b>H</b>	201	197	218	216	235	235	252	254	269	307	-	163	172	280	235	235	55	148	321
<b>J</b>	211	203	230	224	247	244	264	263	281	325	343	-	175	298	272	242	28	146	324
<b>Q</b>	255	226	268	250	280	269	293	285	305	342	352	355	-	325	325	262	10	133	329
<b>R</b>	172	175	189	195	208	217	230	241	257	82	100	118	145	-	145	221	82	139	332
<b>T</b>	84	103	76	100	55	55	34	10	26	48	55	62	82	41	55	-	55	105	2
<b>SS</b>	210	205	222	220	235	235	248	250	260	262	235	208	190	262	235	235	-	158	312
<b>2ES</b>	299	287	297	287	299	292	304	298	309	326	328	326	313	319	318	285	338	-	324
<b>SM1</b>	159	162	164	169	168	175	169	179	167	143	141	144	149	152	151	182	132	144	-

## Mark Locations

Mark	Latitude	Longitude
A	33° 56.243' N	118° 29.606' W
AA	33° 55.770' N	118° 29.799' W
B	33° 56.467' N	118° 30.050' W
BB	33° 56.107' N	118° 30.466' W
D	33° 56.827' N	118° 30.337' W
DD	33° 56.647' N	118° 30.899' W
E	33° 57.254' N	118° 30.417' W
EE	33° 57.288' N	118° 31.017' W
F	33° 57.669' N	118° 30.270' W
G	33° 57.611' N	118° 28.898' W
H	33° 57.367' N	118° 28.655' W
J	33° 57.051' N	118° 28.637' W
Q	33° 56.257' N	118° 28.779' W
R	33° 57.652' N	118° 29.434' W
S	33° 57.187' N	118° 29.216' W
T	33° 56.464' N	118° 31.459' W
SS	33° 57.547' N	118° 28.093' W
2ES	33° 54.698' N	118° 27.563' W
SM1	34° 00.176' N	118° 30.226' W

Please note: These are the designated waypoints for the marks; every effort is made to keep them as close as possible to the above coordinates, but there is no guarantee as to their actual positions.  
 Marks A through SS are owned and maintained by the Yacht Clubs in MDR and may only be used with prior approval from the Buoy Coordinator.

## Description of Marks

A, AA, D, DD, T, F and H marks are yellow spars.  
 B, BB, E, EE, G, J and SS marks are yellow spars with black bands.  
 Q, R and U are inflatable or flag marks that may be set by the race committee.  
 2ES is the El Segundo bell buoy.  
 SM1 is the Santa Monica bell buoy.  
 Missing marks may be replaced by inflatable or flag marks.

## Handicap Distances

The handicap distance from S to:

- G, H, J or R = 0.5 NM
- A, B, D, E, F, Q or SS = 1.0 NM
- AA, BB, DD or EE = 1.5 NM
- T = 2.0 NM