

# Gal' Warnings

The Monthly Newsletter of the Women's Sailing Association of Santa Monica Bay

July 2011

Volume XXVI, Issue 7

## Commodore's Corner

by Christina Tarantola

Hello Sailors!

Finally, summer is here, and it's time to celebrate! This month, instead of our regular meeting, we will hold our Summer Party on Tuesday, the 12<sup>th</sup>. Grillmaster Mike Gitchell has promised to bust out a new apron for the occasion and instead of potluck this year, we will have Mark Sands and the Overland Café do all the side dishes.

Social Director Jennifer Zannelli has been hard at work planning and organizing volunteers. If you can help with games, entertainment, set-up or clean-up, please contact her at [social@wsasmb.org](mailto:social@wsasmb.org).

The WOW/WAH is July 9 and 10. If you're not already signed up, there is still room and opportunity! Women and men, we want all of you to get involved. There are still boats looking for a skipper, there are still skippers looking for crew, and the Race Committee is shorthanded as well.

For Race Committee, no experience is necessary. This is a fantastic opportunity to learn about how races are

(Continued on page 3)



## July: WSA's SUMMER PARTY

by Midge Costin, Education Chair

The July WSA meeting will have no speakers or program, just our annual "fun-tabulous" SUMMER PARTY!!! The theme? Carnivale!

**Contact Jennifer at [social@wsasmb.org](mailto:social@wsasmb.org) if you'd like to help out!**

August's Program: cruising in Belize! Belize, known for the second largest Great Barrier Reef in the world, is a virtual playground for adventurers drawn to the ocean, both on and below the water.

Come hear about a Belize Sailing adventure on Tuesday August 9 at SMWYC. Fellow WSA members Jeannea Jordan, Susan Bonner, Karen Kuchel, Patricia Rose, Carolyn Cohen and Diane Destiny will share their pictures and tales of the sea. They set sail out of Placencia Harbor aboard SS *Tonic*, a 41 foot Beneteau sailed by five women and SS *Zoof*, a 40 foot Catamaran with a crew of four women and two lucky men. For a preview, read Patricia's blogpost, Sailing and Cooking in Belize: <http://freshfoodinaflash.com/tag/belize/>



Donna, Marsha Vifquain, Nicola Lamb, Kiela Hine-Moriarity, and Diane Hubner at Isthmus Harbor.

Photo credit: Diane Larson



**Meeting Agenda for July 12, 2011**

**6:30 pm — SUMMER PARTY!**

## ***Dateline Isthmus Harbor ... Smart, Sexy Sailors Cruise to Catalina***

*By cub reporter and photographer Diane Larson*

Aboard "Chekkers," Capt. Jeannea Jordan and crew — Donna Haro, Diane Hubner and Nicola Lamb — arrive Wednesday mid- afternoon after sailing across to the island. After a tucking the boat in for the night, inflating kayaks and dinghy, captain and crew were observed toasting their safe arrival with a bottle of Prosecco.



Jeannea Jordan, Donna (guest of Jeannea), Kiela Hine-Moriarty, Nicola Lamb, and Marsha Vifquin

Thursday: the arrival of "Mistral" in the morning. This beautiful 49' Beneteau was moored effortlessly by Captain Marsha Vifquain and crew Kiela Hine-Moriarty. After a tour of the "Mistral," Capt. Jeannea announced to her crew that they were on the budget cruise, or as she later referred to it later, "the Big Lots Cruise".

WSA women then visited the USC Marine Center, some went hiking, others preferring a dinghy ride. They hiked, ate, laughed, kayaked, and played Scrabble (note: watch out for Jeannea). How much playing can these women



But milk's good for you, right? Right?

take? Obviously more than this reporter had intended, as she read and napped.

Friday: Women observed on the beach in the barbeque area, eating, laughing, eating, laughing... Then, a presentation by Capt. Jeannea, "How to create a s'more on the grill." As usual Capt. Jeannea's presentation was informative and animated. To view this video one must contact crew member Diane Hubner. Next, maybe Capt. Jeannea will give eating instructions regarding said s'more.

***(Recipe: honey graham crackers, Hershey's chocolate, and marshmallows. Set gram' on grill topped with 4 sq. of chocolate. Place 2 marshmallows on skewer, toast above grill to brown, place melted marshmallows atop of melted chocolate, top with second gram'. Creates a wonderful concoction of sweet, gooeyness with a bit of crunch).***

Saturday: smart sexy sailors observed going ashore, heading to "The Reef" for dinner and the requisite Buffalo Milk. This reporter did receive an anonymous tip that two crew members, Kiela and Diane, had never had the drink indigenous to the island. Marsha and the women of WSA obliged.

Saturday also brought *Little Girl Guides* (or Princesses) and their fathers to the island. They had many planned activities but the piece d' resistance was the mermaid contest event where these young ladies dressed their fathers in full make-up and mermaid regalia. This reporter documented this activity, as you can see below.



Marsha with a "mermaid" costumed by his appreciative "princess" daughter.

There was also a wine tasting event on the beach with a live band. Smart, sexy sailors, preferring their own libations, nonetheless happily listened to the band. This reporter wants to dispel any rumor that a certain crew member encountered difficulty while entering the inflatable kayak from the swim step of "Chekkers."

Sunday morning brought the departure of both crews and boats and the safe return to MdR. This reporter can confirm that all smart sexy sailors had a great time!

*(Commodore's Corner continued from page 1)*

run and you'll see some great racing from close up. If you can help, contact Nora Feddal at [fnora@yahoo.com](mailto:fnora@yahoo.com). If you're interested in sailing or helping out with the hospitality, contact Mary Stuyvesant at [mstuy@aol.com](mailto:mstuy@aol.com).

Looking ahead to August, last year's Hollywood Bowl outing was such a success, that we're doing it again – twice! On Wednesday, August 10, we'll be heading east for Blues Night with Robert Cray, Keb' Mo' and Mavis Staples. We'll be going back on Thursday, August 18, for Beethoven's Ninth Symphony and the Choral Fantasy with the LA Philharmonic and the LA Master Chorale. For tickets, contact Jennifer at [social@wsasmb.org](mailto:social@wsasmb.org).

Looking even farther ahead, it's already time to start thinking about next year. We need some dedicated members to serve as Board members and Chairs to keep this club running smoothly. I won't lie, it takes time and effort, but the rewards are worth it. Just look around at how much we do, both on and off the water. We have 150 active members and we offer dozens of sailing opportunities every month.

This club is run completely by volunteers – no one gets paid. If you're interested in giving back to the club that gives so much to you, please contact Junior Staff Commodore Susana Hernandez Araico at [jrstaffcommodore@wsasmb.org](mailto:jrstaffcommodore@wsasmb.org). WSA is so awesome,

let's keep the momentum going and make it even bigger and better in 2012. Happy Sailing!



WOMEN ON THE WATER  
WOMAN AT THE HELM 2011

**July 9th and 10th**

*Need a boat? Need a crew?*

Contact: [wowmdr@gmail.com](mailto:wowmdr@gmail.com)!

### ***A Special thanks to Overland Café***

Every month, the Overland Café caters WSA's dinner with a wonderful variety of menus. Serving great food since 1974. Visit their website at [www.overlandcafe.com](http://www.overlandcafe.com)

**OVERLANDCAFÉ**  
3601 Overland Avenue, Culver City, CA 90034 • PHONE: 310. 559. 9999

### ***WSA Foredeck Clinic July 17th***

The clinic will review the basics of a position on the bow of boat (including a hoist/jibe/take-down and packing a spinnaker). This is a great opportunity if you want to learn a new position or are new to sailing or racing. Open to WSA sailing members only, the morning session 10am-Noon is still open. The All-Day session is full but join the waiting-list in case of cancellations/no shows.

We also need experienced volunteers to assist the clinic leaders for the afternoon on-the-water portion. Please email Diane at [fleetcaptain@wsasmb.org](mailto:fleetcaptain@wsasmb.org) by July 11 if you are interested in attending or volunteering for this clinic.

- ◆ Place: Santa Monica Windjammers Yacht Club 13589 Mindanao Way; meet at Dock Gate G1400 near center of parking lot
- ◆ 10am-12:00pm (Morning and All-Day)—dockside session covering equipment, lines, demonstration and practice of maneuvers
- ◆ Lunch break [bring your own lunch]
- ◆ 1pm-4pm (All-Day)—on-the-water spinnaker practice
- ◆ Clinic Leaders: Karyn Jones and Wayne Brandow (our very own WSA members with extensive experience and valuable knowledge)
- ◆ Cost: FREE

### ***MEMBERSHIP NOTE***

If you know of someone interested in joining WSA, please direct them to [www.wsasmb.org](http://www.wsasmb.org) (click on Join WSA Today) for information on membership dues and easy instructions on how to join. New member discounts are available throughout the year!

#### ***WSA Policies:***

- ◆ -Guests are allowed to attend up to 2 general meetings per year (excluding December due to paid event)
- ◆ -Only current WSA sailing members with a signed Waiver can participate in on-the-water events including day sails and cruises
- ◆ -Only current WSA sailing members can race under the WSA Burgee
- ◆ -Membership runs from January 1 – December 31 for current year. Memberships are valid until December 31, regardless of date you join
- ◆ -The membership renewal process begins each year on January 1. You can only join one year at a time – the current year
- ◆ -Membership Application and Waiver forms must be submitted every year

## **Race News—A Whirlwind of a Weekend: 2011 Long Beach Race Week**

*By Mary Ho, Race Chair*

One of the events I always look forward to each year is Long Beach Race Week. Hosted jointly by both the Long Beach Yacht Club and Alamitos Bay Yacht Club, this regatta attracts well over 100 boats each year.

I was looking forward to this regatta. The energy of a group of sailors coming together for a regatta can be an energizing and inspiring experience. The previous years I participated in LBRW, I was on a J/29 and found it to be an exciting three days of intense buoy racing. I enjoy the teamwork and the camaraderie fostered by the almost clockwork precision of working a boat at its top speed around windward and leeward buoys.

This year I was asked to crew on a J/24, named *Take Five*. I was looking forward to sailing with Susan Taylor and crew, and excited at the prospect of doing foredeck for at least part of the time.

The first day was a light air day. It was overcast and the sun did not really ever come out. Nevertheless, it was a good day to use as a tune-up. I had not done foredeck for a little while, so I utilized the light air races as a means to shake off the cobwebs. As our particular crew combination was made of both people who had sailed together before and those who had not, it was a good day to learn to work together and figure out who was best at what.

That evening the race party was hosted by Alamitos Bay Yacht Club. This year the party was called the Big Brat Barbecue, meaning that there were plenty of bratwurst and burgers. Entertainment was provided by the Southern California based Celtic rock band, The Fenians. It was a good time to get together with our fellow J/24 competitors and discuss what happened and how we could improve our sailing.

The next day dawned sunny and the wind came up to 15-16 knots. I took the position of working the middle of the boat, and I wasn't sorry to have someone else assigned the foredeck, as it can be a bear of a position when there is a significant breeze blowing. However, since we had a rookie on the bow, I served as an advisor and helped him accomplish the steps needed to work the bow. It was an exciting day. Those of us who sat the farthest forward on the rail while beating to windward got thoroughly soaked by the waves, and the extra stimuli that comes with sailing in heavier weather taxed those on the crew who were not used to such weather. Even so, *Take Five* continued with her LBRW 2011 trend of middle-of-the-pack finishes. Not bad considering the wind.

The party that evening was at Long Beach Yacht Club. The J/24 fleet rafted up together and we had a mini-party at the dock, winding down from the exciting day with drinks and snacks. At the yacht club party we found delectable hors d'oeuvres and more time for J/24 skippers

and crew to get together and discuss the many things that had happened to us that day. I met up with several WSA members by chance and we had a fun chat about the boats we were sailing on and their quirks. Everyone was cheery by the close of the party and the women of *Take Five* decided to link arms and skip down the parking lot. It was fun times.

Sunday became an interesting day, and not because of the weather. This time the wind was neither too heavy or too light—it was about 10-12 and made for simpler sailing than Saturday. We ended up short a crewmember and Susie, our skipper, sent us out to see if we could recruit one more person. Her concern was that we have the weight that she wanted the boat to carry. Time ran short and we cast off, while we debated modern press gang techniques for getting another body on board.

Nevertheless, we sailed our best race that day, coming in 2<sup>nd</sup> place in the first race of the day. The second race was the final and became the most exciting. It came down to the final downwind run, with the J/24s clustered close together, vying to get ahead of one another. I was back on foredeck and my most memorable moment that day was during one of our jibes when I didn't get the pole around quite as smoothly as I wished. I finally made the pole and looked around, and we were exactly in the same position in relation to the boat ahead of us as before our jibe. Phew! My little mess had not cost us much in boat speed.

Our final J/24 downwind drag race placed us in the middle of the pack again, and *Take Five* finished in a solid 5<sup>th</sup> place out of 10 boats. Post race was a whirlwind of pulling the boat out of the water and readying her for her trailer trip back up to Marina del Rey. 5<sup>th</sup> place might be just the middle, but it had been a fun weekend for all of us and that was what really counted after all.

I met a number of WSA members who were crewing on boats this weekend and I wanted to make note of who they are:

- ◆ Christina Tarantola: Schock 35, *Power Play*
- ◆ Alice Leahey, Marylyn Hoenemeyer and Sue Service: J/109, *Grace O'Malley*
- ◆ Tracey Kenney: Open 5.70, *Hat Trick*
- ◆ Andrea Makshanoff and Milka Alexandrino: J/24, *Slippery When Wet*
- ◆ Mary Ho, Jennifer Pszybylski : J/24, *Take Five*
- ◆ Mary Stuyvesant: Farr 30, *Babe*

There were very likely others who I didn't run across. A round of applause for all those who participated, and a hearty congratulations to Tracey Kenney for coming in 2<sup>nd</sup> place in the Open 5.70 class, which had the largest fleet of 21 boats! Great racing, Tracey! (See the action photo on page 7.)

***Have any race news you'd like to share? Contact me at [Racing@wsasmb.org](mailto:Racing@wsasmb.org)***

## **Recruiting Skippers for Linda Elias Memorial Women's One Design Regatta**

WSA of Santa Monica Bay intends to promote Women's Sailing and the Linda Elias Memorial Women's One Design (sponsored by the Long Beach Yacht Club and the Long Beach WSA), through seeking to maximize opportunities for participation in this event, by both existing members and potential members that may choose to join the WSA. Further information about the regatta can be obtained from [www.lbyc.org](http://www.lbyc.org). This year the regatta will be held October 22-23.

The WSA of SMB plans to budget funding for up to 50% of the cost for up to 2 entries to include boat charter and entry fee, which will be open to any qualified skipper to apply. Final decision on funding will be at the sole discretion of the board. The skipper and/or crew will need to fund the remaining balance of the boat charter and entry fees, the damage deposit and any incidentals.

Should only one boat qualify for funding, at the discretion of the board, the balance of the budgeted funds may be donated to an organization or cause which promotes women's sailing such as the Linda Elias Scholarship fund, which provides funding to qualified women skippers to participate in other sailing events. Should more than 2 qualified boats apply for funding, it will be at the discretion of the board to define selection criteria and decide which entries will receive funding.

Interested skippers must submit a written request, including the skipper's racing resume, to the WSA board to qualify for consideration of funding. Requests will be accepted beginning 30 March; no requests will be considered after 15 August. Only applications from current WSA members will be considered. More information about the WSA of SMB, including a membership application, can be found at [www.wsasmb.org](http://www.wsasmb.org). Requests for funding can be mailed to The Women's Sailing Association of Santa Monica Bay, PO Box 10034, Marina del Rey CA, 90295.

The WSA board will evaluate requests based on the following factors: (a) The skipper's overall sailing experience. (b) The skipper's racing history in terms of number of races entered and overall record. (c) The skipper's ability to recruit and train crew.

Requests for funding will be reviewed at each month's board meeting (the 4<sup>th</sup> Tuesday of every month), beginning with the April board meeting. Exceptional candidates may be accepted for funding at any board meeting. Skippers accepted for funding will be notified on the 30<sup>th</sup> of that month. Requests that are not accepted at a monthly board meeting are held over to be reviewed in upcoming board meetings, along with any newly received requests.

The last possible date to submit a request for funding is 15 August, and the last review of requests will occur at the August board meeting. Should two skippers be selected for funding prior to 15 August, however, no further

applications will be accepted after their acceptance. Final authorization for funding from the WSA is contingent upon approval of the skipper(s) by the Long Beach Yacht Club Sailing Foundation, the organization administering control of the boats used in this regatta.

The skipper is entirely in charge of who will be on her crew, with the sole proviso that all crew members be members of the WSA at the time of the regatta. Skippers who have been accepted for funding by the WSA board will be announced to the general membership by email announcement, in the following month's newsletter and at the following month's general meeting (the second Tuesday of each month). WSA members are encouraged to contact skippers in order to seek a crew position.

## **Long Beach Sea Gals 2011 Program**

*By Judy-Rae Karlsen—Sea Gals Program Director*

### **Events: Date / Time**

1. Friday, July 15, 2011 5:00 -8:30 pm
2. Saturday, July 23, 2011 12:00-4:00 pm
3. Sunday, July 24, 2011 12:00-4:00 pm
4. Friday, August 05, 2011 5:00 -8:30 pm
5. Saturday, August 13, 2011 12:00-4:00 pm
6. Sunday, August 14, 2011 12:00-4:00 pm
7. Friday, August 19, 2011 5:00 -8:30 pm
8. Saturday, September 17, 2011 12:00-4:00 pm
9. Sunday, September 18, 2011 12:00-4:00 pm
10. Sunday, September 25, 2011 9:00 am-5:00 pm  
Charity Regatta (racing)
11. Sunday, October 09, 2011 12:00-4:00 pm
12. October 21-23 Linda Elias Memorial Women's One Design (racing)
13. Saturday, November 05, 2011 12:00-4:00 pm

Contact "Sea Gals" at 562-355-8500 if you have questions and visit their website at:

[http://www.lbycsf.org/LBSF/LB\\_Sailing\\_Foundation.html](http://www.lbycsf.org/LBSF/LB_Sailing_Foundation.html)



June's great winds brought out Wayne and *Agua Cheetah* time and again for day-sails.

# Honey Pot Day at Marina del Rey



**Got a holding tank?  
Get emptied for FREE!**

**Mobile Pumpout Service  
April - October 2011**

The Santa Monica Bay Restoration Foundation, in partnership with Department of Boating & Waterways, is providing free mobile pumpout service for boaters in Marina del Rey. Boaters must register in advance for a short, free informational seminar to receive a clean boating kit and a free mobile pumpout. The 30 minute seminars will be held weekday evenings and weekends.

We're raising awareness about mobile pumpout services as a viable and convenient option for sewage disposal and educating boaters about the adverse effects of sewage discharge.

**To register, contact:**

**Victoria Ippolito**  
**(213) 620-2271**  
**[vippolito@waterboards.ca.gov](mailto:vippolito@waterboards.ca.gov)**



**bay restoration foundation**  
STEWARDS OF SANTA MONICA BAY

unding provided by the California Department of Boating and Waterways  
Presented by the Santa Monica Bay Restoration Foundation



### Upcoming Calendar of Events

<b>July 2011</b>	
2-3 Sat/Sun	MdR to San Diego Race
9-10 Sat/Sun	WOW/WAH—WSA
12th Tues	WSA General Meeting
15th Fri	Sundown Series—DRYC
26th Tues	WSA Board Meeting
29-30 Fri/Sat	Santa Barbara—King Harbor KHYC/SBYC

<b>August 2011</b>	
3 Weds	NO SUNSET SERIES
4th-7th Th-Su	Laser US Nationals—CYC
7th Sun	BBQ Race—SMWYC
9th Tues	WSA General Meeting
13th Sat	Tanneberg #2 Regatta—DRYC
14th Sun	Duke Jones One Design Regatta—SMWYC
19th Fri	Sundown Series—DRYC
23rd Tues	WSA Board Meeting
26th-28th Fr-Su	Martin 242 North Americans—CYC

**Racers:** Be sure to review the 2011 ASMBYC Calendar at [www.asmbyc.org](http://www.asmbyc.org)  
**Day Sails:** Day sails are usually on Saturdays and Sundays, but they are NOT listed on this calendar. Contact Dianne Christman at [wsadaysails@gmail.com](mailto:wsadaysails@gmail.com) for up-to-date information!

**WSA Website:** [www.wsasmb.org](http://www.wsasmb.org)

### *Open 570's in action during Long Beach Race Week 2011...*



Tracey Kenney's Open 570 (with pink spinnaker) took 2nd Place.

(Photo courtesy of Open Sailing)

## 2011 WSA Board and Committee Chairs

**Commodore: Christina Tarantola**  
commodore@wsasmb.org

**Education Director: Midge Costin**  
education@wsasmb.org

**Treasurer: Fred Rossmeissl**  
treasurer@wsasmb.org

**Fleet Captain: Diane Larson**  
fleetcaptain@wsasmb.org

**Cruise Chair: Diane Larson**  
cruising@wsasmb.org

**Skippers Liaison: Karyn Jones**  
skippers@wsasmb.org

**Social Chair: Kelly Weiss**  
events@wsasmb.org

**Communications Director: Michaela Draper**  
communications@wsasmb.org

**Newsletter Co-Editors: Sue Service & John Nelson**  
newsletter@wsasmb.org

**Historian: Christine King**

**Vice Commodore: Coco Leigh**  
vicecommodore@wsasmb.org

**Secretary: Patricia Rose**  
secretary@wsasmb.org

**Jr Staff Commodore: Susana Hernandez Araico**  
jrstaffcommodore@wsasmb.org

**Race Chair: Mary Ho**  
racing@wsasmb.org

**Day Sail Chair: Dianne Christman**  
daysails@wsasmb or wsadaysails@gmail.com

**Social Director: Jennifer Zannelli**  
social@wsasmb.org

**Membership Chair: Sharon Breitling**  
membership@wsasmb.org

**Publicity Chair: Barbara Palmer**  
pr@wsasmb.org

**Webmaster: John Nelson**  
webmaster@wsasmb.org



**WOMEN'S SAILING ASSOCIATION  
OF SANTA MONICA BAY, INC.  
PO Box 10034  
Marina del Rey, CA 90295**

***WSA—on the water since 1985!***

### **MISSION STATEMENT**

To promote and support women's sailing based on the following principles:

- To provide educational opportunities;
- To provide information on gaining access to races, cruises and other Santa Monica Bay activities;
- To support "Youth in Sailing" community service programs;
- To support established sailing programs for women;
- To enhance networking opportunities